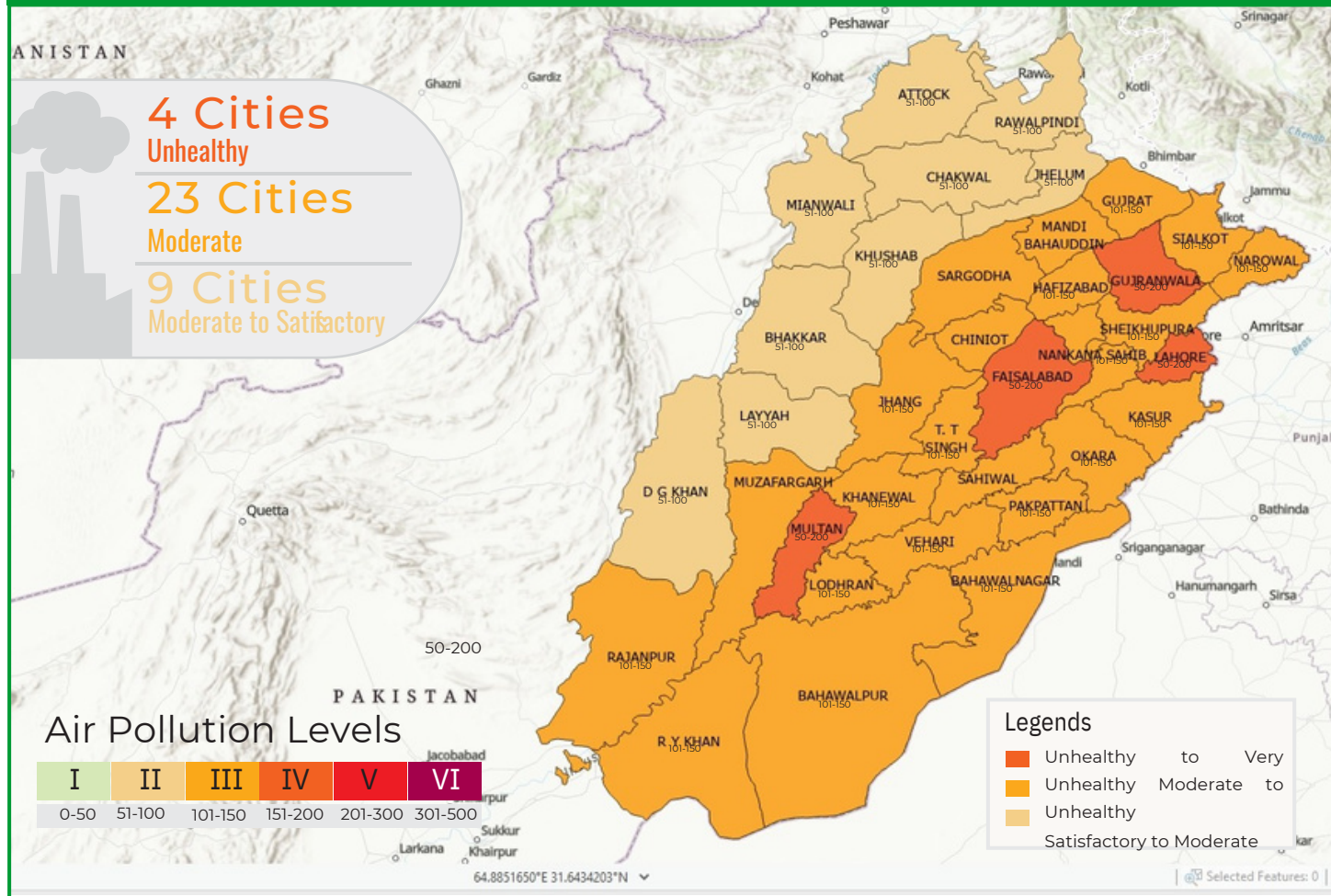




PUNJAB SMOG FORECAST (28 NOV-04 DEC, 2023)

Developed by National Emergency Operations Centre
National Disaster Management Authority
Dated: 28 Nov, 2023



Smog Weekly Advisory

- As per the anticipated rainy spell, smog is prevalent in different parts of the country. The Air Quality Index (AQI) levels are expected to range from moderate to unhealthy, particularly in cities such as Lahore, Faisalabad, Gujranwala, and Multan throughout this week.
- From Friday the air quality will improve and remain moderate till next 48 hours.

Precaution Measures against Smog:

- Limit outdoor activities, especially during high smog periods.
- Consider using surgical masks in heavily polluted areas.
- Maintain vehicles to minimize emissions.
- Individuals with respiratory conditions should follow healthcare advice
- Drink plenty of water to keep your respiratory system hydrated.

